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An Empirical Study on Human Values and Moral Values Regarding Adolescents

Garima Kachhara[1], Mayank Saini[2,*], Mayank Arora[2]

Abstract

Human values and moral values include the development of general knowledge, common sense, and problem-solving skills; unity, cooperation, mutual understanding, and acceptance of differences among individuals; honesty, truthfulness, harmony, and outer peace among family and friends, neighbours, and countries; and giving time and effort to others. This study aims to access adolescents' human and moral values (girls and boys between the ages of 10 and 19). In India, adolescents make up 21% of one-fifth of the total population. Nowadays, human values and moral values are decreasing rapidly in adolescents of this age. The researcher found that the primary cause of decreasing human values is the generation gap, increasing workload, and low wages in the corporate sector, and increasing human desires for earning more money, which leads to the processing of thoughts of terrorism or crimes in the minds of adolescents. They are influenced by what they see, what they read, and what they observe in society and peer groups. The researcher concludes that they need to learn human and moral values like our ancestors did to build a good and ethical society. In the past, human values played an important role in societies and their cultural beliefs. Human and moral values are essential for the overall development of everyone. Adolescents today are vulnerable to health issues due to their exploratory nature; their health issues and development problems at this age are related to their physical, mental, and emotional development, as well as their changing behaviour. Human values and moral values include the development of general knowledge, common sense, and problem-solving skills; unity, cooperation, mutual understanding, and acceptance of differences among individuals; honesty, truthfulness, harmony, and outer peace among family and friends, neighbours, and countries; and giving time and effort to others. Adolescents suffer at one time or another during their development.

Keywords: Adolescents, behaviour, development skills, health issues, relationships, physical facilities, cultural beliefs

***Author for Correspondence**
Mayank Saini
E-mail: satomayank@gmail.com

[1]Assistant Professor, Department of English and Humanities, Poornima Institute of Engineering and Technology, Jaipur, Rajasthan, India
[2]Student, Department of Computer Science, Poornima Institute of Engineering and Technology, Jaipur, Rajasthan, India

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INTRODUCTION

Adolescence is a vital time in human improvement marked by great modifications in social, emotional, and cognitive functioning. Adolescents' choice-making, behaviours, and moral reasoning are greatly inspired by human values and ethical foundations, which might be fundamental to this transformation segment [1]. The motive of this empirical look is to explore the complex dynamics of ethical and human values inside the context of youth, intending to define and inform the impacts, factors, and developmental trajectories that shape these crucial elements [2].

The examination acknowledges the complexity of human values, which include several

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convictions, attitudes, and guiding standards that have an effect on humans's choices and behaviours [3]. In a similar vein, ethical ideas serve as a fundamental framework, supplying the ethical compass that courses young adults' choices, relationships, and contributions to society [4]. It is vital to understand how these values engage with adolescent improvement techniques so one can apprehend how moral reasoning, social behaviours, and moral selection-making emerge and trade within the younger era [5].

HUMAN RIGHTS

Human values are more necessary in today's society and among adolescents. We all need to interact with others more to learn about their human values and implement them in our own lives. Human values help us create a link between others andnature. In this new era, everyone desires respect, as it is the most important human valuethat leads to harmony within oneself [6]. Parents teach their children how to be good humans in adolescence by introducing them to important human and moral values. The values that are important for adolescents to develop during this stage of their lives can vary depending on their backgrounds and experiences. Some common values are generally considered important for adolescents to develop in their lives [7]. These values may include:

Respect for Oneself and Others

Adolescence is a time when young people aredeveloping their sense of self. As they do so,they need to learn to respect themselves andothers and to value the worth of all individuals.

Responsibility

Adolescence is also a time when young peopleincreasingly take on more responsibilities and make their own decisions. As they do so, they need to learn to be responsible and accountable for their actions.

Honesty

Adolescents need to be honest with themselves and with others. This can help them develop a strong sense of integrity and build trust with those around them.

Perseverance

Adolescence can be challenging, and youngpeople may face many obstacles and setbacks as they navigate this stage of life. They need tolearn to persevere and to keep trying, even when things are difficult.

Open-mindedness

As young people develop their sense of self andidentity, it is important for them to be open-minded and to consider different perspectives and ideas. This can help them develop a more well-rounded understanding of the world around them. It is not necessarily the case that having strong human and moral values can lead to depression and suicidal attempts, especially in adolescents [8]. Having a strong sense of morality and compassion for others can be beneficial for mental health and well-being. However, it is possible that adolescents who struggle with mental health issues, such as depression, may feel overwhelmed by the pressure to live up to their moral standards, which can exacerbate their condition and lead to thoughts of suicide. Adolescents need toreceive support and guidance from parents, teachers, and mental health professionals to help them navigate these challenges andmaintain their mental health.

RESEARCH PROBLEM

It is difficult to predict the specific problems that an adolescent who does not have human values may face in the future, as every individual is unique and may be influenced by different factors. However, a lack of human values can lead to arange of negative outcomes, both for the individual and for society as a whole. For example, an adolescent who lacks empathy andcompassion for others may

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have difficulty forming and maintaining healthy personal and professional relationships [9]. This can lead to feelings of isolation and loneliness, which can harm mental health and well-being. Additionally, a lack of human values can also lead to an individual engaging in harmful or destructive behaviours, such as bullying, aggression, and criminal activity, which can be serious for society. Overall, adolescents need to develop strong human values to lead happy and fulfilling lives and to contribute positively to society.

THE ROLE AND IMPORTANCE OF HUMAN AND MORAL VALUES IN SOCIETY AND THE FUTURE

Human and moral values play a vital role in society, as they help to shape our relationships with others and guide our behaviour and actions. They provide a framework for how we should treat others and ourselves, and they help us make decisions and choices that are fair, just, and in line with our beliefs and principles. Some examples of human and moral values include empathy, compassion, honesty, responsibility, respect, and fairness [10]. The importance of human and moral values in society cannot be overstated. These values help to create a sense of community and belonging, as they encourage individuals to act in ways that are considerate and respectful of others. They also promote social cohesion and harmony, as they provide a common set of standards and expectations for behaviour. Additionally, human and moral values help to create a sense of trust and accountability within society, as they encourage individuals to be honest, transparent,and responsible for their actions.

SOLUTIONS

There are many ways that adolescents can gain human and moral values. Some possible solutions include:

1. Parents and other adults can serve as role models by practising and promoting human andmoral values in their own lives.
2. Schools and educational institutions can offer classes and programmes that focus on character development and moral education.
3. Religious institutions and community organisations can provide opportunities for adolescents to learn about and practise human and moral values.
4. Adolescents can be encouraged to engage inactivities and experiences that promoteempathy and compassion, such as volunteering,community service, and interfaith dialogue.
5. Adolescents can be supported and guided byparents, teachers, and mental health professionals as they navigate the challenges ofmoral development and decision-making.
6. Overall, the solution for adolescents to gain human and moral values will likely involve a combination of these approaches and will depend on the individual needs and circumstances of each adolescent.

CONCLUSION

The researcher concludes that adolescents need to learn human values and moral values like our ancestors did to build a good and ethical society. In the past, human values played an important role in societies and their cultural beliefs. Human and moral values are essential for the overall development of everyone. Adolescents today are vulnerable to health issues due to their experimenting nature regarding health issues and development problems at this age are related to their physical, mental, and emotional development and their changing behaviour.

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1. Dr Shanthini B Assistant Professor, Department of Business Administration with CA, Vellalar College for Women (Autonomous), Thindal, Erode-638012, Tamilnadu, India.
2. Dr. G. Venkata Lal Lecturer in Telugu, VSR & NVR College Tenali, Guntur (Dist.)
3. Claudia SĂLCEANU1 Lecturer PhD, Ovidius University of Constanţa, Constanţa, Români
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